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Second Annual Run for Good 5K Set for April 17, 2010, Registration Open

Proceeds Benefit Matt Garcia Youth Center

FAIRFIELD, Calif., February 9, 2010 – Race organizers today announced registration is open for the second annual Run for Good 5K, benefiting the Matt Garcia Youth Center. This year’s event, presented by NorthBay Healthcare, begins at 8 a.m. April 17, 2010, in downtown Fairfield.

Run for Good 5K has become a premier event for participants of all abilities. Its 3.1-mile course was created for elite runners, as well as new runners, walkers, strollers, wheelchair participants and even man’s best friend. An event expo again will follow the race with local vendors offering food and entertainment for all.

Last year’s inaugural race raised more than \$30,000 for Fairfield’s Matt Garcia Youth Center, attracting more than 1,000 participants. This year’s committee plans to beat those numbers.

“We expanded our efforts with the hope of doubling race participants,” said Race Director Timothy Tenne, “and we are working with sponsors and volunteers to increase financial support to build upon the Matt Garcia center programs.”

Tenne affirmed the mission of the race remains the same: Do good, run fast and be green.

“This race presents a great opportunity for participants to do something good for their community, something good for themselves by staying fit and something good for the environment,” explained Tenne.

As it did in 2009, the race will minimize its carbon footprint by encouraging online sign-ups, using compostable cups and tableware, providing environmentally smart T-shirts and reusable bags.

New this year is the use of “chip” timing, ensuring the most precise times for racers, which will be especially important to those vying for the \$2,000 prize purse.

“NorthBay Healthcare did not hesitate to sign up again as the title sponsor,” said Steve Huddleston, vice president of public affairs for the local health care provider. “We are bringing along a new partner, Western Health Advantage, a local leader in affordable health insurance. We both know the importance of keeping people healthy.”

For more information and to register visit: www.runforgood5k.com.